

Memorandum Gare AMM/SQ R.T.I- ed. July 2024
(a cura di Vincenzo Abate UGN-UTO)

PART I – GENERAL

C.R. 6 n(ii)	Any athlete not complying with such an order of the Medical Delegates (6.1.4) shall be disqualified from that event.	DQ
T.R. 4.4.1	Non-participation of an athlete who has confirmed a race	DQ
T.R. 4.4.2	Non-presentation of an athlete who qualified in a preliminary round but then failed to participate further	DQ
T.R. 4.4.3	Note: an athlete failed to compete honestly with bona fide effort. Not apply to individual events within Combined Events	DQ
T.R. 5.8	No athlete shall be allowed to take part in any competition without displaying the appropriate bib(s) and/or identification.	DQ
T.R. 5.11.1 T.R. 5.11.2	If an athlete does not follow any part of this Rule 5 and: refuses the direction of the relevant Referee to comply; or participates in the competition	DQ
T.R. 6.1	Medical examination / treatment and/or physiotherapy, by any other person, unaccredited, whether immediately before competition, once athletes have left the Call Room or during competition	YC/DQ
T.R. 6.2	Any athlete giving or receiving assistance from within the competition area during an event, including under Rules 17.14 (Indication of Intermediate Times) - 17.15.4, 54.10.8 and 55.8.8(Drinking / Sponging)	YC/DQ
T.R. 6.3.1	Pacing in races by persons not participating in the same race, by athletes lapped or about to be lapped or by any kind of technical device (other than those permitted under Rule 6.4.4 Heart rate or speed distance monitors or stride sensors or similar devices carried or worn personally)	DQ
T.R. 6.3.2	Possession or use of video recorders, radios, CD, radio transmitters, mobile phone or similar devices in the competition area	YC/DQ
T.R. 6.3.3	Except for shoes complying with Rule 5 of the Technical Rules, the use of any technology or appliance that provides the user with an advantage which they would not have obtained using the equipment specified in, or permitted by, the Rules	YC/DQ
T.R. 6.3.4	The use of any mechanical aid, except by an athlete with an impairment as authorised or permitted in accordance with the Mechanical Aids Regulations	YC/DQ
T.R. 6.3.5	Provision of advice or other support by any official of the competition not related to or required by their specific role in the competition at the time	YC/DQ
T.R. 6.3.6	Receiving physical support from another athlete (other than helping to recover to a standing position) that assists in making forward progression in a race.	YC/DQ
T.R. 7.1	Acting in an unsporting/improper manner	YC/DQ

PART II - TRACK EVENTS

T.R. 16.5.1	before the report of the gun, causes the start to be aborted, , without a valid reason	YC/DQ
T.R. 16.5.2	fails to comply with the commands “On your marks” or “Set” as appropriate, or does not place themselves in their final starting position at once and without delay	YC/DQ
T.R. 16.5.3	disturbs other athletes in the race through sound, movement or otherwise	YC/DQ
T.R. 16.8	any athlete responsible for a false start shall be disqualified by the Starter	DQ
T.R. 17.1.2	pushing /obstruction during the race	DQ
T.R. 17.2.3	Lane infraction , except T.R.17.3.1-3.2	DQ
T.R. 17.2.4	(or any part of races) not run in lanes, an athlete running on a bend, on the outer half of the track, except T.R.17.3.1-3.2	DQ
T.R. 17.3.1	push or force by another person or object to step or run outside their lane or on or inside the kerb or line marking the applicable border	DQ
T.R. 17.3.2	On the straight or in curves he crosses the line to gain an advantage	DQ
T.R. 17.3.3	in all races run in lanes, touches once the line on their left, or the kerb or line marking the applicable border (as defined in Rule 17.2.3) on a bend	L
T.R. 17.3.4	in all races (or any part of races) not run in lanes, steps once on or completely over the kerb or line marking the applicable border (as defined in Rule 17.2.3) on a bend	L
T.R. 17.3.4	A second infringement, by an athlete or athlete who is a member of a team, in the same round or in another round of the same even) 2L	DQ
T.R. 17.4	If material advantage is gained by an athlete by improving their position by any means including under the exceptions in Rule 17.3	DQ
T.R. 17.5.1	Leaving your lane before the tangent	DQ
T.R. 17.5.2	Leave the assigned track before the established point (double start)	DQ
T.R. 17.6	An athlete, after voluntarily leaving , should the athlete attempt to re-enter the race the track	DQ
T.R. 17.7	athletes may not make check-marks or place objects on or alongside the running track for their assistance (no relays)	YC/DQ
T.R. 17.14	Athletes who receive intermediate times that have been communicated in violation of this Rule shall be considered to have received assistance and shall be subject to the provisions of Rule 6.2	YC/DQ
T.R. 17.15.4	An athlete who receives or collects refreshment or water from a place other than the official stations	YC/DQ
T.R. 17.15.4 note	Any continuous support from an athlete to one or more others in such a way may be regarded as unfair assistance and warnings and/or disqualifications	YC/DQ

HURDLE RACES

T.R. 22.6	All races shall be run in lanes and each athlete shall go over each hurdle and keep to their own lane throughout. Failure to do so will result in a disqualification	DQ
T.R. 22.6.1	their foot or leg is, at the instant of clearance, beside the hurdle (on either side), below the horizontal plane of the top of any hurdle	DQ
T.R. 22.6.2	they knock down or displace any hurdle by hand, body or the front side of the lead lower limb	DQ
T.R. 22.6.3	they directly or indirectly knock down or displace a hurdle in their or in another lane in such a manner that there is effect or obstruction upon any other athlete(s) in the race	DQ

STEEPLECHASE RACES

T.R. 23.7	Each athlete shall go over or through the water and shall go over each hurdle	DQ
T.R. 23.7.1	they step to one side or other of the water jump	DQ
T.R. 23.7.2	their foot or leg is, at the instant of clearance, beside the hurdle (on either side), below the horizontal plane of the top of any hurdle	DQ

RELAY RACES

T.R. 24.4	Refusal to remove unauthorized check-mark. No other check-mark may be used	YC/DQ
T.R. 24.5	Athletes are not permitted to wear gloves or to place material (other than those permitted by Rule 6.4.3 of the Technical Rules) or substances on their hands in order to obtain a better grip of the baton. Running and arriving without a baton	DQ
T.R. 24.6	If dropped, the baton shall be recovered by the athlete who dropped it	DQ
T.R. 24.7	Passing of the baton outside the takeover zone	DQ
T.R. 24.8	If, an athlete impedes a member of another team, including by running out of position or lane	DQ
T.R. 24.9	If during the race an athlete takes or picks up the baton of another team. The other team should not be penalised unless an advantage is obtained	DQ
T.R. 24.10	Each member of a relay team may run one leg only. However, once a relay team has started in a competition, up to a total of four additional athletes may be used as substitutes in the composition of the team	DQ
T.R. 24.11	Late officially declared and the team shall compete as named and in the declared order	DQ
T.R. 24.13.2 T.R. 24.13.3	4x200 - Infringement the breakline	DQ
T.R. 24.14	Medley Relay - Infringement the breakline	DQ
T.R. 24.15.1 T.R. 24.15.2	4x400 - Infringement the breakline	DQ
T.R. 24.16.1	4x800 - Infringement the breakline	DQ
T.R. 24.17	If an athlete does not follow Rule 24.13,24.14,24.15 e 24.16	DQ
T.R. 24.19	For all takeovers, athletes are not permitted to begin running outside their takeover zones	DQ
T.R. 24.20	The waiting athletes shall maintain their order, and shall not exchange positions at the beginning of the takeover zone (Medley Relay,4x400m)	DQ
T.R. 24.21	The waiting athletes can take an inner position on the track as incoming team members approach, provided they do not jostle or obstruct another athlete so as to impede their progress. (In any race, when lanes are not being used)	DQ

PART III - FIELD EVENTS

T.R. 25.2	However, the use of implements outside the circle or runway is prohibited at any time	YC/DQ
T.R. 25.3.3 note	Obstancy not to remove any signal that does not comply with RT 25.3. Serious cases may further be dealt with under Rules 7.1 and 7.3	YC/DQ
T.R. 25.5	If any athlete by their own decision makes a trial in an order different from that previously determined	YC/DQ
T.R. 25.19	An athlete may not leave the immediate area of the event during the progress of the competition, voluntarily	YC/DQ
T.R. 32.3 T.R. 32.4	Throwing Event: in all cases considered sufficiently relevant, RT 7.1 and 7.3 may also be applied.	YC/DQ

PART IV - COMBINED EVENTS COMPETITIONS

T.R. 39.8.3	False start in the Track Events,	YC/DQ
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PART V – 200M STANDARD OVAL TRACK STADIUM (SHORT TRACK) COMPETITIONS

T.R. 44.6.2 T.R. 44.6.3	Infringement the breakline (Races over 300m, and less than 800m and 800m run in the line)	DQ
T.R. 48.4	The waiting athletes shall maintain their order, and shall not exchange positions at the beginning of the takeover zone (4x200m, 4x400m,4x800m)	DQ

PART VI - RACE WALKING EVENTS

T.R. 54.4.1	The Chief Judge has the power to disqualify an athlete in the last 100m	DQ
T.R. 54.7.1	Except as provided in 54.7.3 (Penalty Zone), when three Red Cards from three different Judges have been sent to the Chief Judge on the same athlete	DQ
T.R. 54.7.3	An athlete who fails to enter the Penalty Zone when required to do so, or remain there for the applicable period	DQ
T.R. 54.7.5	If, at any time when Rule 54.7.3 applies, an athlete receives an additional Red Card from a Judge other than one of the three who had previously sent a Red Card,	DQ
T.R. 54.7.6	Any disqualified athlete who fails to leave the course or track or comply with directions given under Rule 54.7.3 to enter and remain for the required period in the Penalty Zone may be liable to further disciplinary action in accordance with Rules 7.1 and 7.3	YC/DQ
T.R. 54.10.8	An athlete who receives or collects refreshment or water from a place other than the official stations	YC/DQ
T.R. 54.10.8 note	However, any continuous support from an athlete to one or more others in such a way may be regarded as unfair assistance	YC/DQ
T.R. 54.13	An athlete has left the marked course thereby shortening the distance to be covered	DQ

PART VII - ROAD RACES

T.R. 55.5	Starting outside the takeover zones / completing the change outside the takeover zones	DQ
T.R. 55.8.8	An athlete who receives or collects refreshment or water from a place other than the official stations	YC/DQ
T.R. 55.8.8 note	However, any continuous support from an athlete to one or more others in such a way may be regarded as unfair assistance	YC/DQ
T.R. 55.10	An athlete has left the marked course thereby shortening the distance to be covered	DQ

PART VIII - CROSS COUNTRY, MOUNTAIN AND TRAIL RACES

Cross Country Races

T.R. 56.5	Starting outside the takeover zones / completing the change outside the takeover zones	DQ
T.R. 56.9	An athlete has left the marked course thereby shortening the distance to be covered	DQ

Mountain and Trail Races

T.R. 57.8.1	An athlete has left the marked course thereby shortening the distance to be covered	DQ
T.R. 57.8.2	receives any form of assistance such as pacing, or refreshments outside of the official aid stations	DQ
T.R. 57.8.3	does not comply to any of the specific race regulations; they shall be disqualified or get the penalty stated by the specific race regulations	DQ

C.R. 25.4 The following standard abbreviations and symbols should be used in the preparation of start lists and results where applicable

Did not start	DNS
Did not finish (Running or Race Walking Events)	DNF
No valid trial recorded	NM
Disqualified (followed by the applicable Rule number)	DQ
Valid trial in High Jump and Pole Vault	O
Failed trial	X
Passed trial	-
Retired from competition (Field or Combined Events)	r
Qualified by place in Track Events	Q
Qualified by time in Track Events	q
Qualified by standard in Field Events	Q
Qualified by performance in Field Events	q
Advanced to next round by Referee	qR
Advanced to next round by Jury of Appeal	qJ
Advanced to next round by draw	qD
Bent knee (Race Walking Events)	>
Loss of contact (Race Walking Events)	~
Yellow Card (followed by the applicable Rule number)	YC
Second Yellow Card (followed by the applicable Rule number)	YRC
Red Card (followed by the applicable Rule number)	RC
Lane infringement (Rules 17.3.3 and 17.3.4)	L
Competing under protest	P